Surrey Heartlands
HEALTH AND CARE PARTNERSHIP

Surrey Heartlands: Selection tool for OAB treatments, updated November 2024

Overactive Bladder

Follow recommendations in CKS and review all treatments regularly:

LUTS in Men

Incontinence (urinary) in women

Where medicines are recommended for the treatment of overactive bladder

1st Line – **Solifenacin** unless not suitable/contraindicated, see below

Swallowing difficulties

Solifenacin 1mg/ml *oral suspension*

OR

Oxybutynin patch

Solifenacin not suitable/contraindicated:

For people with renal impairment, including age-related

1st line Tolterodine IR (*1mg ONLY*)

2nd line Trospium IR

For people with CNS adverse effects (confusion, drowsiness, hallucinations)

1st line Trospium IR

2nd line Trospium MR

3rd Line Mirabegron

For people on other treatments which interact at cytochrome P450 3A4

1st line Trospium IR

2nd line Trospium MR

For people in whom antimuscarinic drugs are contraindicated:

- severe gastro-intestinal condition (including toxic megacolon)
- myasthenia gravis
- narrow-angle glaucoma

1st Line Mirabegron

2nd Line Vibegron (no identified place in therapy in preference to mirabegron)

For people who need a more potent treatment and can tolerate adverse effects

Fesoterodine or

1st Line Mirabegron

2nd Line Vibegron (no identified place in therapy in preference to mirabegron)

For renal impairment, check eSPC, BNF and/or Renal Handbook

Approved at SHAPC Nov 24 Review by Nov 27